

## **RECONNECT**

Hosted by Houghton University and the Western New York District of the Wesleyan Church, Refresh is a five day retreat with a wide variety of activities for all ages. Attendees have options regarding number of days attending, lodging/commuting, and meal packages in the all-you-can eat campus dining hall.

## **RELAX**

Use the campus facilities like pool, gym, pickleball/tennis courts, and disc golf. There are also organized sporting/lawn games, crafting, inflatables, water games, and more. Also take advantage of peaceful benches, nature trails, and the air-conditioned Campus Center.



## **REFOCUS**

Spend time alone with God or join with others for morning praise and classes (for all ages) before lunch. After supper, gather together for an inspiring chapel service (childcare ages 0-12).





EVENING SPEAKER

Dan LeRoy



WORSHIP LEADER
Chris Stephens